



Eastminster United Church
An East End United Congregation

October 21, 2018

**Indicates please stand in body or in spirit*

"All too often our so-called strength comes from fear, not love; instead of having a strong back, many of us have a defended front shielding a weak spine. In other words, we walk around brittle and defensive, trying to conceal our lack of confidence"

-Roshi Joan Halifax

We Gather as God's People

Prelude

Words of Welcome

Ron McKay

*Opening Hymn:

VU 227 For the Fruit of All Creation

Lighting the Christ Candle

One: With this small flame we continue our journey together.

All: Light our way into the wilderness!

*Opening Prayer

I yearned for comfort and simplicity; easy answers to my life's toughest questions.

And God said:

Come and find me in the wilderness.

As I walked alone in my wilderness, carrying more than I thought possible to carry, I asked God "Why have I been abandoned?"

And God said:

You are not alone in this wilderness.

As I travelled, God guided me to let go of all the weight I carried: the fear of failure and rejection, the desire to control, the necessity of certainty.

In my surrender I heard God say:

I am the wilderness.

*Sharing the Peace

One: The Peace of Christ be with you.

All: And also with you!

Ecumenical Prayer Cycle: The Caribbean: Antigua and Barbuda, Aruba, Bahamas, Barbados, Cuba, Curaçao, Dominica, Dominican Republic, Grenada, Guyana, Haiti, Jamaica, Puerto Rico, Sint Maarten, St Kitts-Nevis, St Lucia, St. Vincent and the Grenadines, Suriname, Trinidad and Tobago

Toronto Southeast Presbytery: Wexford Heights United Church
East End Prayer Cycle: Church School and Nursery Leaders

We Go Out to Be the People of God

Life and Work of the Congregation

*Closing Hymn: **Until All Are Fed** Tommy Brown and Bryan McFarland

Un-til all are fed! we cry out; un-til all on earth have bread; like the
One who loves us each and ev-ery one, we serve un-til all are fed.

**4. On the green, green grass they gathered long ago
to hear what the master said.
What they had they shared, some fishes and some loaves;
they served until all were fed.**

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Commissioning and Benediction

*Sung Blessing

Barbara Strang

**I surrender my roots to the earth
I surrender my wings to the sky
I surrender my heart to my God
because I am loved, I am loved**

Postlude

Today

*** Welcome to Eastminster, an East End United Congregation**



If you're new, please fill out a contact card and drop it in the collection plate if you would like our weekly email newsletter or would like more information about Eastminster. Prayer requests can be added to the Prayer book also in the Narthex. Infants and children up to 4 are welcome in the nursery, and children 4 years and older are welcome to participate in church school in the auditorium.

Thank you Ron McKay, Lorie Fairburn, and William and Mary Brehaut for their help in today's service! If you would like to volunteer, please sign up in the Narthex.

East End Fall Worship Service Schedule

Date	Eastminster	Glen Rhodes
Oct 28	Rev. Sarah Miller	Service - Rev. Warren Schell Walk of Dreams - Michiko Bown-Kai
Nov 4	Hilary Donaldson	Michiko Bown-Kai
Nov 11	Michiko Bown-Kai	Rev. Sarah Miller
Nov 18	Rev. Sarah Miller	Hilary Donaldson
Nov 25	Rev. Jane Brushey-Martin, Rev. Sarah Miller and Michiko Bown-Kai	No service, joint service at Eastminster campus

East End Announcements/Events

* **Pastoral Care Training Workshops**

We're happy to announce that the Pastoral Care Team has organized a series of professionally led workshops by some of the United Church's best presenters on each of the following four topics. All workshops are open to everyone and we hope many of you will take advantage of these opportunities to perhaps reinforce your innate pastoral capacities or energize these capacities which each of us carry inside us.

All workshops will be free of charge and open to all. There is no reading or preparation necessary. All workshops are structured in an adult learning, conversational model.

Everyone interested in joining us and learning about any one of or all of the above topics, will be warmly welcomed.

Please mark these in your calendar. More details to follow in the weeks to come.

"Deepening Care Through Listening", Rev Dr Anne Simmonds, **Sunday Nov 4, 12:30-2:30** at Glen Rhodes Campus

"What is Pastoral Care", Rev Ralph Carl Wushke, **Sunday Jan 27, 2019, 12:30-2:30**, Glen Rhodes Campus

"Coping with Loss", Rev Dr Deborah Hart, **Sunday March 3, 12:30-2:30**, Glen Rhodes Campus

"Dying to Live: Preparing for Death in the Midst of Life", **Saturday, May 4, 10:00-2:30**, Eastminster Campus

* **Deepening Care Through Listening with Rev. Anne Simmonds** **The First in our Series of Pastoral Care Training Workshops** **Sunday November 4 12:30-2:30pm** **Glen Rhodes United Church**

In a world of both outer and inner distractions, it can be harder than ever to practice listening to ourselves and others. To Strengthen the Community of Care within and beyond the congregation, this workshop will engage us in individual reflection, conversation and practices to deepen our listening skills.

Bio: Rev. Dr. Anne Simmonds, is adjunct faculty at Emmanuel College. She teaches courses on Prayer and Ministry with Dying and Grieving persons. She has extensive experience offering pastoral care workshops and working with the dying and bereaved both as Director of Chaplaincy at the former Wellesley Hospital and as a former nurse. In addition, she offers individual spiritual mentoring, retreats and workshops on a variety of themes.

Workshop is free of charge and all are welcome!

* **Farewell Josh!**

Our beloved Sunday custodian, Josh Somers, is leaving to pursue other opportunities. His last Sunday with us will be October 28. We wish Josh all the best and will miss him. In his absence, we are looking for someone fabulous to fill his shoes. If you know of someone with the skills we need: great with people, able to set up and clean up after worship, meetings and other events, please contact the Eastminster office at eastminster@eastendunited.ca

* **Out of the Cold is Beginning Soon!**

Out of the Cold Books and Games

During the Out of the Cold tea and coffee period and later in the evening, guests access magazines, books, and games that are kept on the "entertainment trolley". By the end of last season, the pickings were very slim!

We're looking for:

- *assorted books (novels, non-fiction, coffee-table style, instructional, religious etc)
- *magazines/periodicals (of all types, please remove your address from the front)
- *games (playable, all pieces present)
- *puzzles (all pieces present)
- *activity books (sudoku, crosswords, word searches, coloring books etc)

Please drop off in the Eastminster Office.

Help Needed for Out of the Cold Dinner Prep

Out of the Cold is beginning November 2 and we are putting together a team for afternoon dinner prep for the first and third Fridays of every month.

We'd like volunteers:

- *2:30pm for set up and continue 3:00–5:00pm for chopping, slicing, dicing etc.
- *5:00-6:00pm to greet guests and serve snacks.

If you are available, contact Mary Miller 416-694-6301 or maryandharrymiller@gmail.com

If Friday afternoon doesn't work and you wish to volunteer for other shifts, you can do that on the website www.eastminsteruc.org/out-of-the-cold/ootc-how-to-volunteer/ Chris Bennett of the Eastminster breakfast team can be reached at balticben@gmail.com but advises that his team is quite full.

* **Membership Committee Meeting**

Tuesday October 23 6:30pm

Eastminster- Jackman Room

All are welcome to join us for our first meeting ever of the East End Membership Committee.

This gathering will be more like a workshop, where as a team we will discover our strengths, our focus, our core committee and nominate a Chair.

Please RSVP to Pam Cameron, our Council Chair cameron.pam@gmail.com

* **East End United Council Meeting**

Wednesday 24 October 6:00pm

Glen Rhodes Campus- Narthex

Join us for our first ever East End United Council meeting. This meeting will be conducted more like a workshop than a traditional meeting.

* **Glen Rhodes Outreach Ministry**

Drop-in Food Bank

Wednesdays 9:00-11:30am & 2:00-4:00pm

Glen Rhodes United Church

Community Dinners

October 22, 5:00-6:00pm

Glen Rhodes United Church

* **CATS: Community Art Time Studio**

Thursdays 1:00-4:00pm

Cosburn United Church

Drop-in for art and community, all levels and interests welcome - bring a project you're working on, or start something new. Some basic materials are available but participants are welcome to bring their own. For more information, contact Greta King 416-421-5711.

* **Danforth Multifaith Community Walk**

Sunday October 21 2:30-4:30pm

To mark "World Food Day" and "The International Day for the Eradication of Poverty" please join The Danforth Multifaith Community on Sunday, October 21st from 2:30 to 4:30 as we walk from the Madinah Masjid at 1015 Danforth Ave. (after listening to spiritual leaders from different faiths speak about hunger and poverty) to Eastminster where we will share bread and water and time together.

Volunteers to help with packing the "Chew on This" information bags or distributing them along the Danforth at various stations would be very much appreciated.

Please contact Enrico de Dominicis at 1-905-616-2038 or Sue McNay at 416-691-6680 if you have any questions about this event.

* **READS Book Club**

Friday October 26 Book Chat 7:00pm, Social 9:00pm

Book this month: The Tattooist of Auschwitz by Heather Morris

The new international best-seller that soared to the top of New York Times Best-Seller list within 3 days of the USA release date. This memoir is both a love story and the extraordinary tale of bravery, compassion, and the endurance of humanity within the dark miasma of war. Lale Sokolov (imprisoned Slovakian Jew) recounts his experiences as the man who tattooed the arms of countless of thousands of prisoners from 1942 to 1945 with what would become one of the most potent symbols of the Holocaust. Carolyn has copies of the book for \$12.00 /contact her as below. Retails in stores up to \$ 25.00. About \$15 online at Indigo.

Enjoy a lively discussion by the fire, followed by the 9:00pm Social Wine and Cheese. Held at the home of Neil Riach and Carolyn Curren a block from the Chester Subway. For address, queries email Carolyn at: neilcarolyn@idirect.com or call 416-465-6174 or John Brown at 416-463-0844.

* **Glen Rhodes Walk of Dreams**

Sunday October 28- Gather at 10:00am, walk starts at 10:30am

Glen Rhodes United Church

* Walk of Dreams is an annual family event to raise awareness and money for Glen Rhodes and East End United programs that improve the quality of life for people in our community

* As a participant in the Walk of Dreams, enjoy a 1km or 5km walk or run through the Gerrard/Coxwell neighbourhood

* You'll be invited to participate in celebration and ceremony at the beginning and end of the walkathon

* This event is suitable for all ages and abilities.

* Registration and pledge forms and walk routes are available from Glen Rhodes or Eastminster. For more information call 416-465-3755 or email glenrhodesunited@bellnet.ca

Community Events

* **Singing for our Lives- A Broken Hallelujah of Defiance, Anger and Hope**

Sunday November 4 3:00pm

Church of the Holy Trinity- 19 Trinity Square (Behind the Eaton Centre)

In a time when leaders lie, divide-and-conquer, and peace and truth are under attack, singing together can be an act of resistance. This is a participatory, inter-faith event including poetry, songs and psalms of defiance, anger, resilience, and hope led by Wendy Donaldson and Dr. Andrew Donaldson.

* **Toronto East Rotary Club's 9TH Annual Arts and Crafts Sale**

November 17 10:00 am – 5:00 pm

Eastminster United Church

This year, enjoy the work of 45+ diverse artisans selling their creations. Baked goodies and delicious chilli will be available, together with live music, face painting and draws. Proceeds raised go to the Out of the Cold program at Eastminster and other community projects. Everyone is welcome. Admission is free.

More info on their website: www.torontoeastroty.com or by emailing Karen: amunn@pathcom.com

* **Sister Of Water and the Sultan**

Exploring our Spiritual Lives with Francis of Assisi

Wednesdays October 17- December 5 7:00-8:45pm

The Mustard Seed- 791 Queens St. E

A series of 8 sessions: Francis, Clare, Power, Fear & Anger, Love of Earth, Love of Enemy, The Sultan, Perfect Joy.

Weekly Events

Mondays 1:00pm

Prayer Shawl Knitters

Meet in Sarah's Office

Thursdays 7:30 - 9.30pm

Choir

Meet in the Sanctuary

East End United Staff

Rev. Sarah Miller

sarahmiller@eastendunited.ca

Office: 416-463-2179 ext.100
Cell: 416-209-1181

Rev. Jane Brushey-Martin

Supply Minister

janebrusheym@eastendunited.ca

416-399-6810

Michiko Bown-Kai

Intern Minister

michiko@eastendunited.ca

647-967-0746

Hilary Donaldson

Eastminster Pastoral Musician

music@eastendunited.ca

Gerald Petkau

Glen Rhodes Director of Music

petkau.gerald@gmail.com

Scott Pietrangelo

Eastminster Music Leader

music@eastendunited.ca

Jane Sanden

Manager of Communications &
Community Programs

janesanden@eastendunited.ca

416-463-2179 ex. 102

Sarah Hallikas

Eastminster Church Office

eastminster@eastendunited.ca

416-463-2179 ex. 103

Janet Nichols

Cosburn Church Office

cosburn.secretary@gmail.com

Luz Salinas

Glen Rhodes Church Office

glenrhodesadministrator@bellnet.ca

416-465-3755

Gerald Gordon (on leave)

Property Manager

Alex Sinclair

Bookkeeper

pmsinc@interlog.com

416-463-2179 ex. 105

Custodians: Joshua Somers, Jordana Kuhn, Benjamin Priede

Soloists: Laura Larson - soprano, Sarah Hallikas – alto, Jeff Schissler - tenor, Andrew Hodwitz - bass