

One: The Peace of Christ be with you.
All: And also with you!

You are invited to share the peace of Christ with one another.

We Share in Word and Song

Greek Scripture	Mark 16: 1-8	Susan Wakefield
Sermon	Witnessing Holy Saturday	Michiko Bown-Kai
Anthem	Sad Songs Say So Much By Elton John	Andrew Hodwitz

We Respond with our Thanks and Prayers

Offering Hymn: MV #19 Maranatha

Please stand in body or in spirit during the last verse for the presentation of the offering.

*Dedication Prayer

Prayers of the People and The Lord's Prayer (sung VU #959) Connie Zehr

Ecumenical Prayer Cycle: Don Mills-Thorncliffe Park Pastoral Charge
Toronto Southeast Presbytery: Burkina Faso, Chad, Mali, Mauritania, Niger
East End Prayer Cycle: Music Staff

We Go Out to Be the People of God

Life and Work of the Congregation

*Closing Hymn: VU #158 Christ is Alive (verses 1, 2, 3, 5)

Commissioning and Benediction

*Sung Blessing MV #209 Go, Make a Difference

Postlude

Today

* Welcome to Eastminster, an East End United Congregation



If you're new, please fill out a contact card and drop it in the collection plate if you would like our weekly email newsletter or would like more information about Eastminster. Prayer requests can be added to the Prayer book also in the Narthex. Children 4+ are invited to church school after we pass the peace..

Thank you to Norman Tanaka, Susan Wakefield, Connie Zher, and Paul Childerhose for their leadership in this service. Some of you were asked last minute and we really appreciate you stepping in and lending your voice and talent to our service!

East End News/Announcements

* Rev. Sarah will be on vacation August 6-September 3. During this time Michiko will be leading worship and available for pastoral care.

* **Volunteers are needed to welcome, read Scripture, offer prayers of the people, and provide refreshments.** Summer is here, and that might mean vacations (or even staycations!) for many of our congregants! It also means we need more volunteers to sign up for providing refreshments, reading scripture, and welcoming us all Sunday mornings. Please sign up for any of these leadership roles in the Narthex. We'd love to have your voice in our service!

* **Living into Right Relations Classroom Book Fund**

Ontario's newly elected government has dismissed a plan to revise the province's social studies and history curriculums to add Indigenous content. East End United is responding with The Living into Right Relation Classroom Book Fund initiative inspired by the response of Indigenous authors Cherie Dimaline, Monique Gray Smith, Tracey Lindberg who are donating their own books to Ontario classrooms.

We are seeking donations this summer to fund one set of classroom books by an indigenous author for use by any Ontario teacher.

This challenge not only responds to the government's choices but reaffirms our commitment to the United Church's Truth and Reconciliation Commission.

Envelopes marked Living into Right Relation Classroom Fund are available in the narthex and can be placed in the offering plate. Cheques can be made payable to Eastminster United Church with memo line LRRC Book Fund.

We are all Treaty People.

* **Free Books in the Eastminster Library**

In the fall, we will be repurposing the Eastminster Library and expanding the main office. Beginning this Sunday, the library will be open to anyone who would like to come and take a piece of our book collection home.

* **'Braving The Wilderness'
Fall Worship Series at East End United
Beginning September 9, 2018!**

As we continue to live into the new vision of East End United, we will be using the book Braving the Wilderness by Brene Brown to guide our worship this fall.

As staff, we are creating a resource that will connect Brown's work which offers wisdom on the spiritual journey of belonging with scripture. This resource will help guide worship each week as we explore the book chapter by chapter. We encourage you to add Brene's Work to your summer reading list or consider reading along with us in the Fall.

* **CATS: Community Art Time Studio
Thursdays 1:00-4:00pm
Cosburn United Church**

Drop-in for art and community, all levels and interests welcome - bring a project you're working on, or start something new. Some basic materials are available but participants are welcome to bring their own. For more information, contact Greta King 416-421-5711.

* **Glen Rhodes Outreach Ministry**

Drop-in Food Bank

Wednesdays 9:00-11:30am & 2:00-4:00pm
Glen Rhodes United Church

Community Dinners

August 27 5:00-7:00pm
Glen Rhodes United Church

East End Events

- * **East End United Joint Transitional Council Meeting**
August 14 6:00-9:00pm
Eastminster United Church- Hurndale Room

Observers welcome!

- * **Qigong & Guided Meditation Workshops**
For those suffering in the aftermath of the Danforth tragedy
Thursday August 9, 16 & 23 7:00-8:00pm
Eastminster United Church

Join Expressive Arts & Wellness Counsellor, Olivia Statler, in a Qigong and guided meditation for those feeling grief and anxiety following the tragedy on the Danforth. These workshops focus on healing the mind, body, and spirit, and will help participants work with difficult emotions bringing more balance and light into their lives.

Admission is free and no registration is required. Workshops are accessible to all, including those with disabilities. Please be on time and wear comfortable clothing.

For more information about Olivia and her practice, visit her website
www.plumblossommindfularts.com

August 16: Week 2: Releasing Grief

You are welcome to come even if you missed last week!

Everyone experiences grief and loss in their lives. Sometimes it is hard to let go of, and no one is immune. There can be all kinds of feelings tied to loss. Sorrow, anger, betrayal, hopelessness. However, this raw vulnerability is what truly connects us to our own humanity and to each other. When we see others pain it moves us to our true compassionate authentic heart. It moves us to act in great kindness on another's behalf, even if we don't know them. Whatever the case though, to heal we must grieve and then come to acceptance and healing.

- Stretching and moving chi around the body with various qigong styles
- Wuxing qigong
- Lao Gong self-healing hug and self-massage
- Lung vibration to let go of grief
- Guided Meditation

Community Events

* **LIBERTY HEALTH FAIR**
Cosburn United Church
August 19 10:00am-3:00pm

Join the Liberty Seventh-Day Adventist Church for free fun, fellowship, and food for the entire family.

- Learn to sew and have a haircut
- Indulge in delicious food and share your recipes!
- Become more aware of God's creation
- Engage in face painting, sewing, and hair braiding
- Relieve yourself from stress with a free massage
- Try your hand at baking bread and making cookies
- Yield and say yes to a more meaningful life

* **COME AND SEE PALESTINE AND ISRAEL**
October 31- November 10, 2018

Join Rev. Marianna Harris and George Bartlett on a pilgrimage to see for yourself what is happening in Palestine and Israel. Learn about the effects of the occupation on the lives of ordinary people. Discover how Jewish Israeli and Palestinian activists are seeking to create change. Visit key holy places as we reflect on Jesus' life and teachings. Cost \$2800 plus airfare. Contact George Bartlett at g.bartlett@sympatico.ca for further information.

Staff

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Custodians: Joshua Somers, Jordana Kuhn, Neil Powers, Benjamin Priede

Soloists: Laura Larson - soprano, Sarah Hallikas – alto, Jeff Schissler - tenor, Andrew Hodwitz - bass